

STOP 5

POST CARDIAC ARREST DEBRIEF

5 min team debrief.

Purpose is to reflect on practice and learn from experiences.

This is a guide to help structure the debrief.

Start by thanking the team and then include the following points:

- **Summary of events**

Summarise events and pre-event if relevant.

- **Things that went well**

Consider, team, environment, communication.

- **Opportunities to improve**

Consider, systems, drugs, learning points.

- **Points to action**

Preparation for next time.

Please document debrief discussion or any issues raised on the electronic reporting system.

For ongoing advice and support visit:

www.LSCWellsevice USERNAME: ELHTWELL

Alternatively email wellteam@elht.nhs.uk