

North Western Foundation School ELHT Programme

Individual Placement Description

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| Placement | Psychiatry F1 |
| The department | <p>Old Age Psychiatry. Hurstwood Ward (formerly Ward 22), Victoria Wing, Area 8, Burnley General Hospital.</p> <p>Hurstwood ward is moving to HillView, Royal Blackburn Hospital on 20/12/16</p> |
| The type of work to expect and learning opportunities | <p>The F1 doctor will become familiar with a range of severe mental disorders including psychoses, affective disorders, organic disease (including dementia and delirium) and personality disorders</p> <p>The clinical work includes spending 1:1 time with patients as well as routine jobs such as arranging investigations, writing discharge summaries and participating in MDT meetings, weekly huddles, daily handover with nursing staff and attending patient's CPA meetings. The F1 doctor is expected to participate as part of the team with other junior doctors, nursing staff and a visiting GP to manage physical health complaints and refer to other secondary care teams for more complex problems.</p> <p>There are ample learning opportunities including significant time spent with the Consultant. The F1 doctor will participate in the weekly academic programme in the department. Time is available to develop audit and research skills. The placement is very flexible. As long as there is at least one junior doctor on the ward, you can justify pursuing learning opportunities tailored towards your own interests.</p> <p>Examples of this that have been followed in the past are assisting Dr Ngowi with Psychiatric in-reach into Ward C5 on a Wednesday morning, attending community Memory Assessment Service clinics, attending Dr Summers' Balint Psychotherapy group on a Friday morning in RBH, attending ECT, spending a week in the community & attending HMP Preston with forensic Psychiatrists. The opportunities extend well beyond these, of course.</p> |

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| Where the placement is based | From 20/12/16 the ward is based at Royal Blackburn Hospital. |
| Clinical Supervisor(s) for the placement | Dr Chris Linton (named CS) & Dr Judith Ngowi, Consultant Psychiatrists for Older Adults |
| Main duties of the placement | <ul style="list-style-type: none"> • Ward work • Multidisciplinary Team meetings • Physical Health assessment/ referral |
| Typical working pattern in this placement | See Work Schedule provided |
| Employer information | ELHT / Lancashire Care |

It is important to note that this job description is a typical example of your placement and may be subject to change to meet the demands of the trainee or service.

Specific Learning Objectives for this Post

(other generic aspects of the Foundation Programme curriculum such as 'professionalism' will also be encountered and can be mapped accordingly in the trainees portfolio)

- To work as a member of a multidisciplinary mental health team and understand the individual roles and contributions to the effective care of psychiatric patients. [1.1, 1.4]
- To gain a better understanding of the day-to-day activities of a Consultant psychiatrist and psychiatry trainee. [1.1]

- To learn how to work with and delegate tasks to other professionals. [1.1, 1.4, 1.5]
- To learn how to prioritise tasks. [1.2, 7.1]
- To be able to take a psychiatric history from a patient. [7.2, 7.3, 7.5]
- To be able to perform a mental state examination on a patient. [7.3]
- To be able to order relevant investigations to exclude physical causes of psychiatric symptoms. [11]
- To understand when to seek the support of senior colleagues. [1.4, 7.1]
- To have a basic understanding of the concept of risk. [7.1]
- To participate in ward reviews - to give updates on patients and take part in discussions about investigations, diagnoses and treatment plans. [1.4, 6.2, 7.4, 7.5, 7.6, 8.6, 10.1, 10.4, 11]
- To take part in Care Programme Approach (CPA) meetings and appreciate the multidisciplinary team nature of diagnostic formulation, risk assessment and management. [1.3, 7.5, 8.6, 10.1, 10.4]
- To be able to formulate short-term treatment plans under the guidance of senior colleagues. [7.6, 8.6]
- To be familiar with first line pharmaceutical treatment options for symptoms of psychosis, mania, depression and anxiety. [7.6, 8.6]
- To have an understanding of psychological treatment options in affective disorders, anxiety disorders and personality disorders, and referral pathways. [7.10, 8.6]
- To have an appreciation of longer term treatment options in hospital and community settings. [7.6, 10.1]
- To gain an understanding of the Mental Health Act and observe patients being detained and released. [4.2]
- To observe the workings of a Mental Health Review Tribunal and understand the interface between medicine and law. To contribute to reports for the Mental Health Review Tribunal. [4.2, 7.9]
- To be able to assess capacity and have a basic understanding of the Mental Capacity Act. [2.5, 4.2, 7.9, 10.2]
- To understand the principle of medical confidentiality. [4.1]
- To be able to write accurate notes in the medical record. [7.9]
- To complete ward discharge letters within 48 hours of discharge. [7.9]
- To understand the role of liaison psychiatric services and when to refer patients to other secondary care services. [7.10]
- To have an understanding of the role of community mental health services in the monitoring and management of mentally ill patients in the community. [1.3, 7.10]
- To have an understanding of the role of primary care services in the monitoring and management of mentally ill patients in the community. [1.3, 7.10]
- To take part in prison visits to assess prisoners referred for assessment and/or treatment in a hospital setting. [4.1, 4.2, 7.3]
- To understand the importance of communication skills when talking to patients. [2.2, 2.3, 10.2]
- Understand how to handle complaints and escalate concerns. [2.3, 2.4, 7.1]
- To take part in weekly supervision sessions with the Clinical Supervisor. [6.1, 6.2]

- To take part in the weekly academic programme. [5]
- To teach medical students attached to the team. [5, 6.1, 6.2]
- To participate in audit and research. [3.2]