

North Western Foundation School ELHT Programme

Individual Placement Description

Post:

FY2 General Surgery; Colorectal (Lower GI)

The department:

The team consists of 6 consultant general surgeons, 4 ST3+ (or equivalent), 2 CT doctors, 2 FY2 doctors and 5 FY1 doctors. The consultants and senior members of the team are primarily based in theatre and clinics whilst the junior members of the team are mainly based across several surgical wards (but are mainly on C14 and C18) and often have patients as outliers on intensive care and other medical wards. These are the responsibility of the FY2 doctors, and above, as the FY1s are ward based only. They also have the added responsibility of working on call in the Surgical Triage Unit (STU) on a rotational basis and occasionally also have shifts at BGH.

Main duties of the post:**Ward role**

The FY2 doctor is responsible with other staff for the general ward care of surgical patients and the maintenance of the patient's medical record. During the placement the FY2 will become familiar with regularly assessing a large variety of surgical patients from the following categories:

- Acute/emergency surgical patients requiring rapid assessment and treatment
- Acutely unwell patients (pre and post operatively)
- Elective surgical patients
- Post operative patients; assessing wounds, managing post-operative pain

The FY2 will develop team working and leadership skills and develop skills of delegation to FY1 doctors and nursing staff. The FY2 doctor will become competent at interpreting CXR and AXRs and interpreting results of blood and other radiological investigations to formulate management plans. They will also have the opportunity to attend OPD and assist in theatre. They will have the opportunity to consent patients for theatre after the appropriate training.

STU role

The FY2 role on STU involves the initial clerking, accurate medical record keeping and assessment of all general surgical patients. The FY2 is also expected to formulate an immediate action plan and effectively hand over to a ST3+ or equivalent or consultant in order to finalise treatment.

Out of hours, the FY2 is expected to supervise the FY1 doctor and provide medical cover to all surgical patients within the hospital and be part of the out of hours team when they cross cover other specialities such as ENT/max fax and urology.

Typical working pattern in this post e.g ward rounds, clinics, theatre sessions:

See Work Schedule provided

Where the post is based:

Royal Blackburn Hospital, C14 & C18, STU, BGH

Clinical Supervisor(s) for the post:

Mr Sheikh, Mr Jones, Mr Scott, Mr Evans, Mrs Salaman, Miss Smith

It is important to note that this job description is a typical example of your placement and may be subject to change to meet the demands of the trainee or service.

Specific Learning Objectives for this Post

(Due to the general nature of this placement many other generic aspects of the Foundation Programme curriculum such as 'professionalism' will definitely be encountered and can be mapped accordingly in the trainee's portfolio)

Each objective should be achieved to the standard laid out in the outcomes for F1 and F2 years stated in the curriculum

- To meet the members of the general surgical team and understand their individual roles and how each contributes to the care of surgical patients, particularly the colorectal patients
- Understand the importance of communication skills especially in difficult situations
- Observe/contribute to breaking bad news
- Observe the importance of patient understanding in decision making when there is more than one option available to patients
- Observe how management plans for surgical patients are individualised to take in to account the patient's needs and wishes
- Appreciates how co-morbidity can affect the options available to patients considering surgery
- Appreciate the holistic approach to general surgery
- Consider the ethical and legal aspects of a patient's care, in particular patients who have limited mental capacity

- Be part of the theatre team and scrub in to assist surgical procedures where possible
- Observes patients being consented for surgery and obtains valid consent after appropriate training
- Appreciate the importance of patient safety checks in theatre

- Follow an aseptic technique
- Subcutaneous injections and suturing (+/- any other procedural skills that arise such as catheterisation)
- Contribute to the MDT meeting
- Take part in ward rounds reviewing the post operative patients
- Maintain accurate patient notes, produce discharge summaries in a timely efficient manner
- Takes part in the discharge planning process
- Participate in an audit project and present it at the surgical audit meeting
- Provide teaching and learning opportunities for medical students/other healthcare professionals within the general surgical team
- Use clinical situations to direct and develop self-directed learning
- Implement and keep up to date with national and local surgical and medical guidelines
- Participate in daily ward round and complete all necessary jobs that arise from it
- Assess, triage and treat acutely unwell surgical patients in an on-call/out of hours setting
- Participate in/initiate lifesaving treatment/resuscitation to the critically unwell patient
- Understand the clinical, ethical and legal implications of a do not attempt resuscitation (DNAR) order and any other advanced directives
- Understand how long term conditions and co-morbidities can effect treatment and patient recovery
- Work with members of the multidisciplinary healthcare team to provide holistic care to the surgical patient, particularly during the recovery phase
- Inform and accurately disseminate medical information to patients and their families in order to promote health and provide knowledge from which informed decisions on treatment can be made